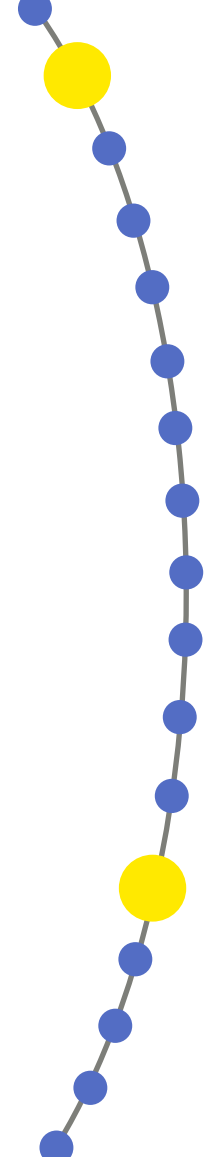


The Joyful Mysteries

Said on Mondays and Saturdays,
the Sundays of Advent,
and Sundays from Epiphany until Lent.



1st Joyful Mystery

The Annunciation

This is when we remember that Mary said “yes” to God when she was told that she was to be the Mother of Jesus by the Angel Gabriel.



Mary, you said “yes” to God even though you knew it would be difficult, help me to say “yes” when I know I should. Give me the courage and strength to make the right choices in times when I find it hard to do God’s will. Hail Mary, full of grace...

2nd Joyful Mystery

The Visitation

Mary hurried to see her cousin Elizabeth when she was told that she too was going to have a baby and stayed with her until John the Baptist was born.



Mary wanted to spend time with the people she loved so that she could help out. Let me try to be helpful and supportive to the people I love too especially when I would rather be doing something else. Teach me to be kind and caring to those who need my help. Hail Mary, full of grace...

3rd Joyful Mystery

The Nativity

Mary and Joseph travelled to Bethlehem and Jesus was born in a stable and laid in a manger where he was visited by Shepherds and Wise Men.



**You were born in a stable Jesus,
you had none of the everyday
luxuries around you, but you
were surrounded by love.**

**Let me remember that
possessions aren't as important
as my family and friends
and that I remember to say
thank you for all the
blessings in my life.
Hail Mary, full of grace...**

4th Joyful Mystery

The Presentation

Jesus was taken
by his parents to
the temple and
offered to God,
here Simeon
a great prophet
proclaimed Jesus
was the saviour
of the world.



When Simeon saw you in the temple Jesus, he knew you were the Saviour of the world and would go on to do great things. I too want to do great things with my life, please keep me mindful of the importance of being a good person first and foremost. Hail Mary, full of grace...

5th Joyful Mystery

The Finding in the Temple

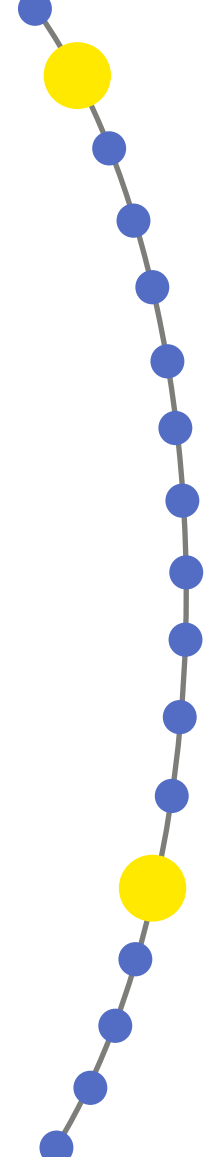
When Jesus was 12
he was taken to the
temple with his family.
When the rest of the
family returned home
Jesus stayed in the
temple teaching God's
word for 3 days until
eventually he was found
and returned home.



**Mary you were very anxious
when Jesus did not return home
with you from the temple and
you left everything to go and
find him. Let me find Jesus
everyday in my life in the
people I meet and give me the
wisdom to treat them as Jesus
would want to be treated.
Hail Mary, full of grace...**

The Sorrowful Mysteries

Said on Tuesdays, Fridays throughout the year;
and daily from Ash Wednesday until Easter Sunday.



1st Sorrowful Mystery

The Agony in the Garden

Jesus went into the garden in Gethsemane where he prayed to God to help him in his suffering. He knew he was going to suffer and die for our sins.



Jesus, when you were in need of comfort you prayed to your father in heaven. Let me always be quick to turn to God our Father, You and Mary our Mother when I am anxious or upset, knowing that you are always ready to listen and help in my time of need. Hail Mary, full of grace...

2nd Sorrowful Mystery

The Scourging

Jesus was tied to a stone column and with heavy whips the soldiers beat his back until he was bleeding and in great agony.



**Mary, you watched your son suffer and you couldn't do anything to help, I sometimes see people who are suffering or need help too. Teach me to not stand and watch when I can offer my help to them.
Hail Mary, full of grace...**

3rd Sorrowful Mystery

The Crowning with Thorns

The soldiers made a crown of thorns and pushed this into Jesus' head, they put a staff in his hand and a red cloak over his shoulders and they laughed at him.



A crown of thorns was pushed onto your head causing you great pain. Whenever I make wrong choices I cause you pain too. Guide me in making the choices that I know in my heart are the ones you want me to make. Hail Mary, full of grace...

4th Sorrowful Mystery

The Carrying of the Cross

Jesus was forced to carry the heavy wooden cross he would be nailed to up to the top of Calvary hill. He fell three times but the soldiers made him get up and carry on.

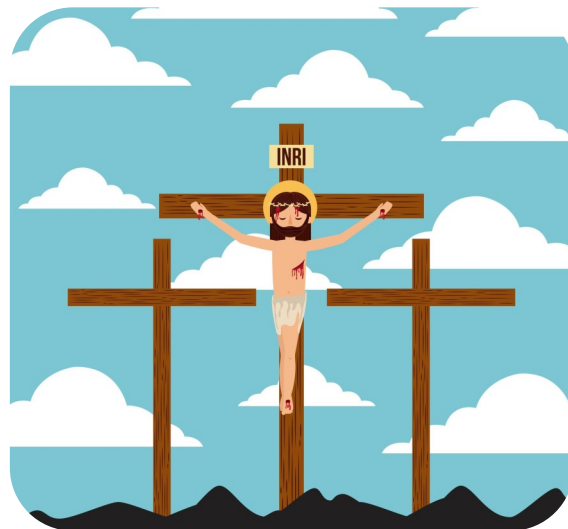


Sometimes I am so tempted to give up when things become difficult. Let me find the strength to continue just like Jesus did without complaining or anger, so that in my life I can show by example the way Jesus wants us to live. Hail Mary, full of grace...

5th Sorrowful Mystery

The Crucifixion

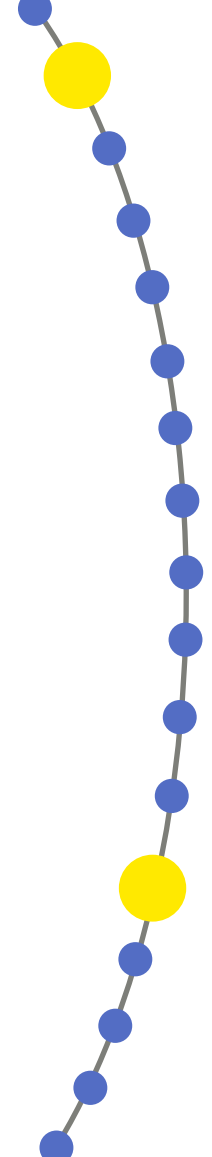
Jesus was nailed to the cross and for three hours he hung there taking on himself the punishment for our sins. When he knew God had forgiven our sins he bowed his head and died.



Mary, you watched your precious Son suffer and die on the cross for our sins and he didn't resist or complain. Help me to resist temptation that takes me away from the ever-loving heart of Jesus and let me not complain when I don't get my own way. Hail Mary, full of grace...

The Glorious Mysteries

Said on Wednesdays
and the Sundays from Easter until Advent.



1st Glorious Mystery

The Resurrection

After 3 days Jesus rose from the tomb which was being guarded by the soldiers. The great, heavy stone rolled away by itself and Jesus was seen in the garden by Mary Magdalen who was weeping.



Jesus, you rose from the dead to prove to us that we will live forever with you in Heaven. Let my Faith in you be strong and firm so I will always know you are at my side helping me. Hail Mary, full of grace...

2nd Glorious Mystery

The Ascension

Jesus remained on earth for 40 days after his resurrection telling his friends what they must do. Then one Thursday he took them to the Mount of Olives where a cloud covered him and he entered the joys of Heaven.



**Mary, Jesus your son is
Lord of all the earth and he
cares for all living creatures.
May I always treat the earth
and its produce with respect
and thoughtfulness,
trying not to do harm.
Hail Mary, full of grace...**

3rd Glorious Mystery

The Descent of the Holy Spirit

Jesus promised to send the Holy Spirit to guide his Apostles, while they were gathered together in a room, the Holy spirit came to them and a tongue of fire settled on each of their heads.



Mary, you prayed with the apostles for the gift of the Holy spirit. We ask you to pray for us, so that we might be open to the Holy Spirit, who gives us everything we need to follow Jesus. Hail Mary, full of grace...

4th Glorious Mystery

The Assumption

Jesus left Mary to be the Mother of the new church. One day she died peacefully but Jesus sent his angels to bring the body of His Mother to heaven.



Mary, you were taken up to heaven to be with Jesus your Son and all the saints forever. You are very close to Jesus and we ask you to help us to be close to him too. Hail Mary, full of grace...

5th Glorious Mystery

The Coronation

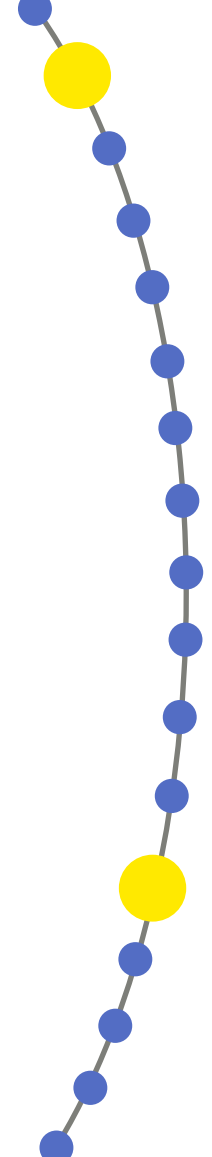
Mary had loved and served God all her life, she never committed a single sin. In Heaven she had her reward, a glorious crown of stars was placed on her head and she was made Queen of Heaven and Earth.



**Mary, you are our mother and queen, your prayers will always be heard so please pray for us to God for the help we need to live as friends of Jesus, so that God's kingdom can grow in everyone's hearts.
Hail Mary, full of grace...**

The Luminous Mysteries

Said on Thursdays.



1st Luminous Mystery

The Baptism of the Lord

Jesus was baptised
by his cousin John
in the River Jordan.

The sky opened
and the Holy Spirit
came down on
Jesus like a dove.



**At our baptism we became one
with Jesus, we too are God's
beloved sons and daughters.
Mary our mother, we ask that
you help us to be humble and
obedient like Jesus to follow
God's loving will always.
Hail Mary, full of grace...**

2nd Luminous Mystery

The Wedding at Cana

Jesus performs his first miracle when he turns water into wine at a wedding celebration.



Mary, you knew Jesus would help if you asked him to and we know that you will pray for us if we ask for your help. Guide us to always do whatever Jesus tells us so that we can live our lives as he wants us to. Hail Mary, full of grace...

3rd Luminous Mystery

The Proclamation of the Kingdom

Jesus tells us
how important it is
that we put God first
in all we do.



**Jesus you taught us that God's
kingdom of love will grow in the
hearts of people that listen to
his word. Mary, we ask you to
pray that our hearts may
always be open to loving God
and our family and friends in
the way Jesus taught us to.
Hail Mary, full of grace...**

4th Luminous Mystery

The Transfiguration

Jesus goes up the mountain with his friends Peter, James and John where he talks with Elijah and Moses. Jesus is covered in a great white light and is shining.

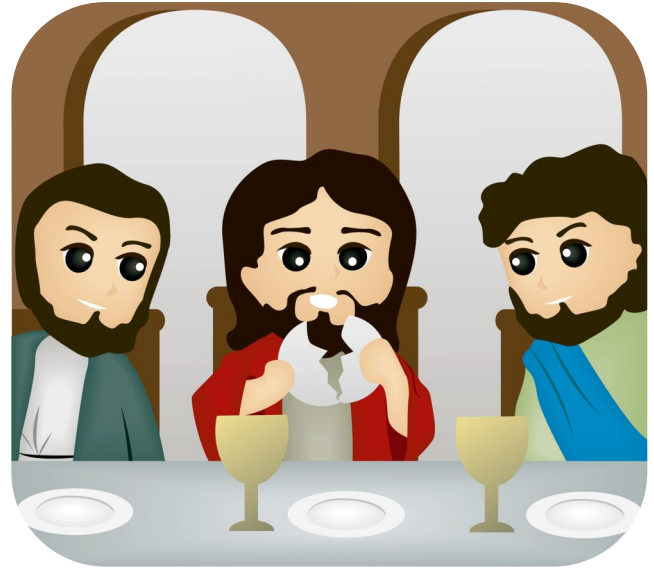


Jesus, you are the light of the world who teaches us the word of God. Mary we ask you to help us follow the word of God in happy times and sad. Hail Mary, full of grace...

5th Luminous Mystery

The Giving of the Eucharist

At the Last Supper,
Jesus gives us his
Body and Blood
and tells us to do this
in memory of him.



**At the last Supper
Jesus gave his friends
his body and blood
in memory of him.
This is the food we need
to follow Jesus, to love God
and each other.
Hail Mary, full of grace...**