

1

God declares  
I know the plans  
I have for you.  
Plans to prosper you  
and not to harm you.  
Plans to give you  
hope and a future.

Jeremiah 29:11



Jesus, give me the grace to  
know that you are always at  
work in my life watching over  
me and keeping me safe.  
With you by my side there is  
nothing I can't achieve.  
Amen.

2

So let us do  
all we can  
to live in peace.  
And let us  
work hard  
to build  
each other up.

Romans 14:19



Jesus, I feel happy  
when I am at peace.  
Let me try each day  
to do something that  
helps another person  
to feel happy too.  
Amen.

3

Let your light  
shine before men  
that they may see  
your good works  
and glorify  
your Father,  
who is in heaven.

Matthew 5:16



Jesus, if I try to be kind and  
helpful I will show other people  
what it is like to love you.  
You have taught us that we can  
be an example to our family  
and friends of your great love  
for all of us.  
Amen.

4

I knew you  
before I formed  
you in your  
mother's womb.  
Before you  
were born,  
I set you apart.

Jeremiah 1:5



Jesus, you know everything  
about me, you know what I like  
and what I fear, you know  
when I am feeling happy  
and when I am sad.

Let me always remember that  
you are very close to me and  
ready to help whenever I ask.  
Amen.

5

Love is patient  
and kind;  
it is not jealous  
or conceited  
or proud;  
it is not arrogant.

1 Corinthians 13:4



My friend Jesus, I know you love me unconditionally and this gives me great joy. Let me show my love for you by treating other people with kindness and patience, sharing my time and possessions willingly. I ask you to help and guide me so that I can show my love for you through them.  
Amen.

6

**The Lord is with me,  
I will not be afraid.**

Psalm 18:6

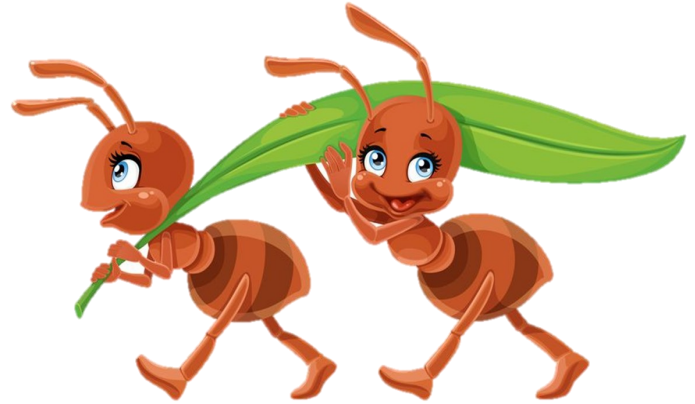


**Jesus, sometimes I feel alone,  
especially when I am not  
able to see my friends.  
Let me remember that you are  
always with me even when  
I don't think about you  
and that you are my special  
friend ready to listen and help  
me when I call. Thank you.  
Amen.**

7

**Do to others  
as you would have  
them do unto you.**

Luke 6:31

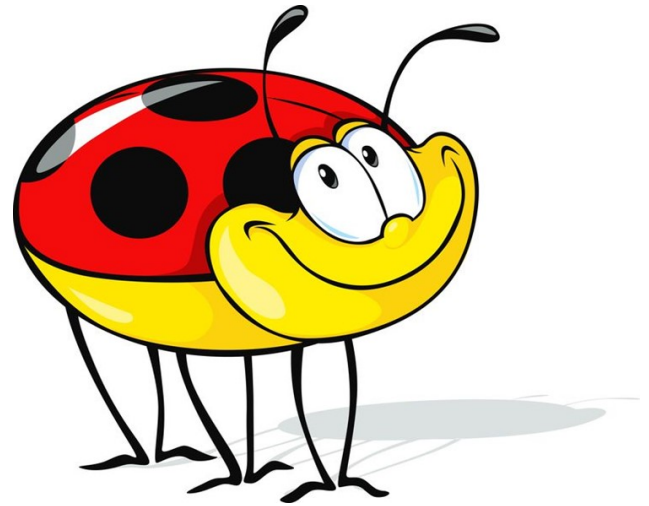


**Sometimes Jesus I forget  
to be helpful or kind.  
I will try hard to treat  
other people as I would  
want them to treat me  
so that we can all feel good  
and happy in our lives.  
Amen.**

8

**Children,  
obey your parents  
in everything,  
for this pleases  
the Lord.**

Colossians 3:20



**Dear Jesus, please help me  
to do my best so that I listen  
carefully and do what my  
parents tell me to do  
without arguing.**

**Sometimes this is hard  
but I will try my best because  
I know this is what you want,  
because pleasing my parents  
pleases you.**

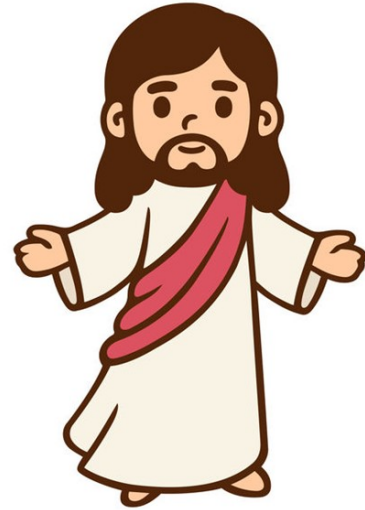
**Amen.**



9

I can do all things  
through Christ who  
strengthens me.

Philippians 4:13



Sometimes Jesus I give up and  
don't try my hardest to  
complete the task I am  
supposed to do. Give me the  
strength to know that with your  
help there is nothing I can't do  
successfully even if it means  
changing the way I do things.  
Teach me to keep trying my  
best in everything I do.  
Amen.

10

A new commandment  
I give unto you,  
that you love  
one another;  
as I have loved you.

John 13:34



Jesus, it is easy to love my  
family and friends but  
sometimes I find it hard to  
be kind and caring to people  
who are not my friends.  
Jesus please teach me to be  
considerate and helpful to  
everyone I meet so that I can  
show by example that you are  
my friend and I love you.  
Amen.

11

**Give thanks to Him  
and praise His name.**

Psalm 100:4



**Jesus, I thank you for all the  
good things you have given to  
me, for my friends and family,  
for my food and my health and  
for all the happiness that I  
share with the people I love.  
Let me never take for granted  
all the blessings you give me  
each day and remember to say  
thanks to you Heavenly Father.  
Amen.**

12

He who is  
slow to anger  
is better than  
the mighty.

Proverbs 16:32



Jesus, when things irritate me  
and I find it hard to keep my  
temper, help me to remember  
that I can do so much more  
when I remain calm to those  
around me. Being angry takes  
me away from you and I want  
you near me all the time,  
so I will try to be slow to anger  
and quick to forgive others  
if they hurt me.  
Amen.

13

Call to me and I will  
answer you and I will  
tell you great and  
mighty things which  
you do not know.

Jeremiah 33:3

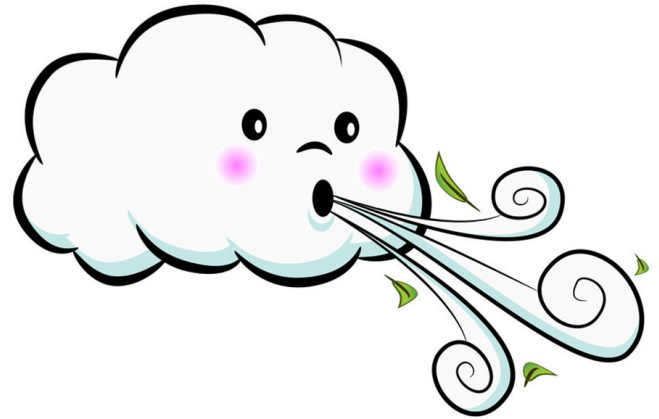


I know Jesus that you listen  
to my prayers, help me in turn  
to listen to your answers.  
It is very easy to ask for your  
help but I don't find it quite as  
easy to hear what you are  
saying to me. Give me the  
wisdom to listen to and  
follow your words carefully.  
Amen.

14

Even the winds  
and sea obey Him.

Matthew 8:27



Jesus, you are all powerful  
and I know with your help I can  
be powerful too. I can be a real  
support and help to my family  
and friends if I try to follow  
your example of loving  
and caring for people.  
You told your Disciples to  
trust in you, you would look  
after them and I know that  
you will look after me too.  
Amen.

15

**For God so loved  
the world that he  
gave his only son.**

John 3:16

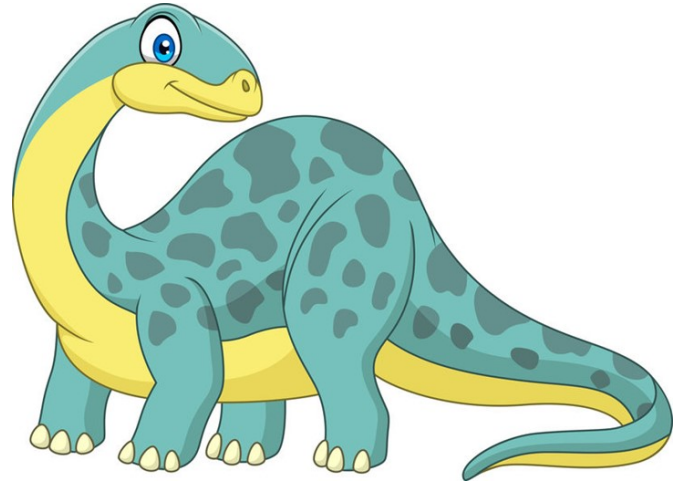


**Dear God you love each  
person the same, you have no  
favourites, every person is  
special to you. In fact we are all  
so important that you sent your  
only son Jesus to show us how  
we should treat each other  
with respect and kindness  
and also how to behave and  
live our lives in peace.  
Thank you for the gift  
of your son Jesus.  
Amen.**

16

**A friend loves  
at all times.  
He is there to help  
when trouble comes.**

Proverbs 17:17



**Help me Jesus to be a good  
friend even when I find this  
difficult because people are  
annoying me. Help me this day  
to see the opportunities that  
will allow me to be the good  
and kind friend that you  
are calling me to be.**

**Amen.**



17

Man shall not live  
on bread alone,  
but by every  
word of God.

Matthew 4:4



Thank you Jesus for all the  
good food that you provide,  
it helps us to grow bigger  
and stronger.

We are also able to grow  
stronger when we listen to  
your word and follow  
your teachings on how  
we should live our lives.  
Amen.

18

The Lord will keep you  
from all harm -  
He will watch over  
your life;  
the Lord will  
watch over  
your coming  
and going  
both now  
and forever more.

Psalms 121:7-8



Jesus, thank you that you  
have promised to watch  
over me every day and keep  
me from all harm.

Please watch over my  
family and friends as well  
and guide us as we  
work and play.

Let me always turn to you  
when I need help.

Amen.

19

The things which are  
impossible with men  
are possible with God.

Luke 18:27



Jesus, when I find it hard  
to understand what is  
happening and life seems  
difficult, let me remember  
that you are with me always  
and you will sort things out.  
Give me the grace to trust  
in you at all times.  
Amen.

20

Seek good  
and not evil.

Amos 5:14



Jesus, with your help  
I will always try to do good.  
When I am tempted to do things  
that I know I shouldn't do,  
let me turn to you in prayer  
and find the strength to walk  
away from evil and carry on  
doing what is right.  
Amen.